

# Nesting Tables

MULTI-FUNCTIONAL PAEDIATRIC FURNITURE



Large Therapy Bench with hip and knee supports.



The Quest 88 nesting tables are provided with a mobile base for smooth and effortless storage and transportation.

Nesting Tables can be used in many ways to support therapeutic activities. The following describes a few examples.

## 1. Learn

One table can be used as a seat and another as a support surface for play or fine motor activities. The child can remain seated, or the activity can require the child to move from sit-to-stand.

## 2. Play

Pull-to-stand and then stand with the support of the appropriate height table, or move around the bench for play.

## 3. Explore

Stagger the height and distance of the tables to encourage multi height cruising and negotiation.

## 4. Improve

Use one of the tables as a foot-rest to promote alignment and lower extremity weight bearing when the child's feet do not touch the ground.

## 5. Practice

Use a single table to practice ascending and descending a step or sidestepping up and down. You can also stagger the heights of the tables to simulate steps. Practice going up and down a group of tables, crawling or stepping.

Size/ref/code	1	2	3	4	Base*
Length (cm)	35.5	47	58.5	70	70
Depth (cm)	30	30	30	30	43
Table Height (cm)	11	17	29	45	8
Max. User Height (cm)	90	90	90	90	N/A

\* The base is not for therapeutic use but used only as a storage and transportation device.