

Aston Street, SHIFNAL, Shropshire TF11 8DW  
tel: +44 (0)1952 463050 fax: +44 (0)1952  
463077

**HEIGHT RANGE = 81.5cm to 99cm**  
**MAXIMUM USER WEIGHT = 90kg**  
**PRODUCT WEIGHT = 270g**

## USER INSTRUCTIONS

### **Quest 88 Walking Sticks**

These are the User instructions for Quest 88 walking sticks. Please read them carefully before the equipment is used and store them in a safe place. Always refer to these instructions before adjusting the walking sticks, or if you feel they are not performing properly.

These instructions also include a guide to maintenance and general care. If followed the walking sticks will provide trouble free service. However, in the event of any severe deterioration in performance take them out of service immediately and contact Quest 88 limited.

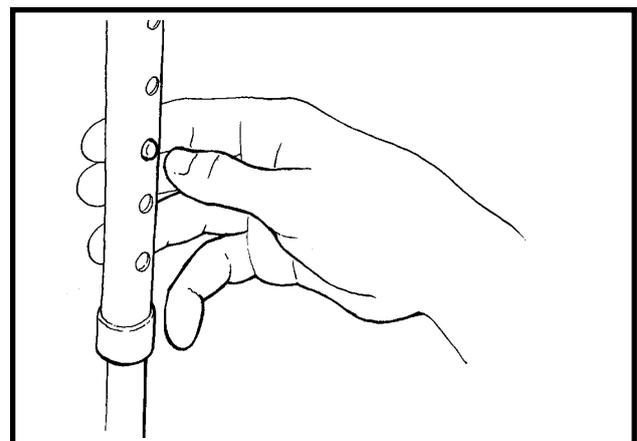
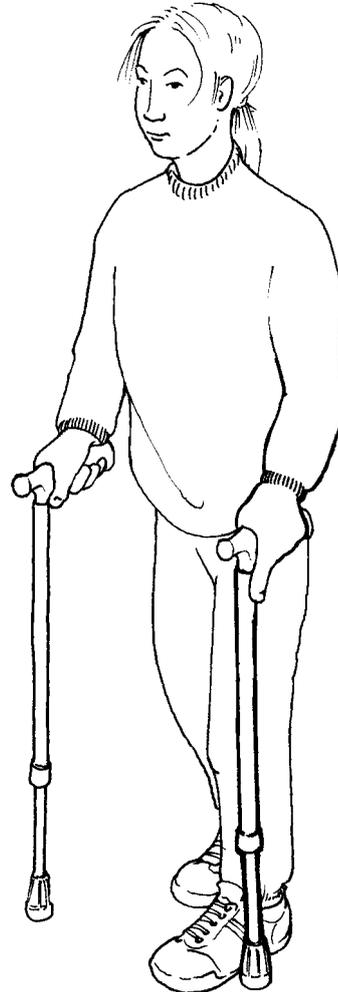
These walking sticks are not suitable for ataxic users.

#### **Walking Stick Adjustment**

##### **Floor to Handle Height**

The height of the sticks should be adjusted to suit each individual user. In general, handle height should be set at the height of the user's wrist when their hands are relaxed by their sides.

To set the height, push in the spring popper and turn the lower section of the stick slightly to the side. Adjust the stick to the desired length and align the spring popper so that it fits into the most appropriate hole in the outer section. Ensure the spring popper snaps positively into place.



setting the heights of the sticks with the spring poppers

**A LEVEL OF SUPERVISION APPROPRIATE TO THE  
USER'S ABILITIES SHOULD BE APPLIED AT ALL TIMES**

## Walking Stick Care and Maintenance

- \* Do not clean any part of the sticks with bleach or solvent cleaners.
- \* Clean metal work with a slightly damp cloth.
- \* Rubber ferrules (crutch tips) should be replaced immediately if worn through to avoid damage to metalwork.
- \* Regularly check the spring poppers and the holes the poppers fit into for wear.
- \* Caution must be taken through use, transport and storage not to drop or knock the sticks. Do not store other equipment on top of the sticks.

## Identification and Intended Use

Each walking stick has a code number located on a label which has the Quest 88 limited logo on it. Walking sticks are intended to be used as part of a walking development programme. A level of supervision appropriate to the user's abilities should be applied at all times.

### **DO NOT EXCEED HEIGHT AND WEIGHT LIMITS SET OUT ON THE FRONT OF THESE INSTRUCTIONS.**

Do not use the walking sticks on any slope or uneven surface or steps and stairs.

Each stick has been tested and checked by Quest 88 limited engineers. Any adjustments or alterations which are not listed in these instructions should not be made without the authorisation of a Quest 88 limited representative. Any such adjustments will affect the product's warranty. Quest 88 limited do not take any responsibility for any walking stick which has been adapted or affected by actions not described in these instructions by any individual not authorised by Quest 88 limited.