

QUEST 88

THErapy THROUGH ACTIVITY

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USER INSTRUCTIONS

Fitting Upi Headrest

These are the instructions for fitting an Upi headrest. Please read them carefully before fitting the headrest and keep them in a safe place for future reference. If there is any doubt as to how this procedure should be carried out, contact Quest 88 Limited.

The headrest is intended to provide a limited amount of head support to prevent the user from tilting their head backwards. The headrest will not provide head support for those with low muscle tone in the neck and shoulders.

For correct set up of the Upi, please refer to the main Upi user instructions.

You will require a 10mm spanner to carry out this procedure.

It is easier to carry out this operation one side at a time, so complete the procedure for the left hand side before starting on the right.

Begin by making a note of the number of washers between the tray height registers and the vertical tubes of the thoracic support.

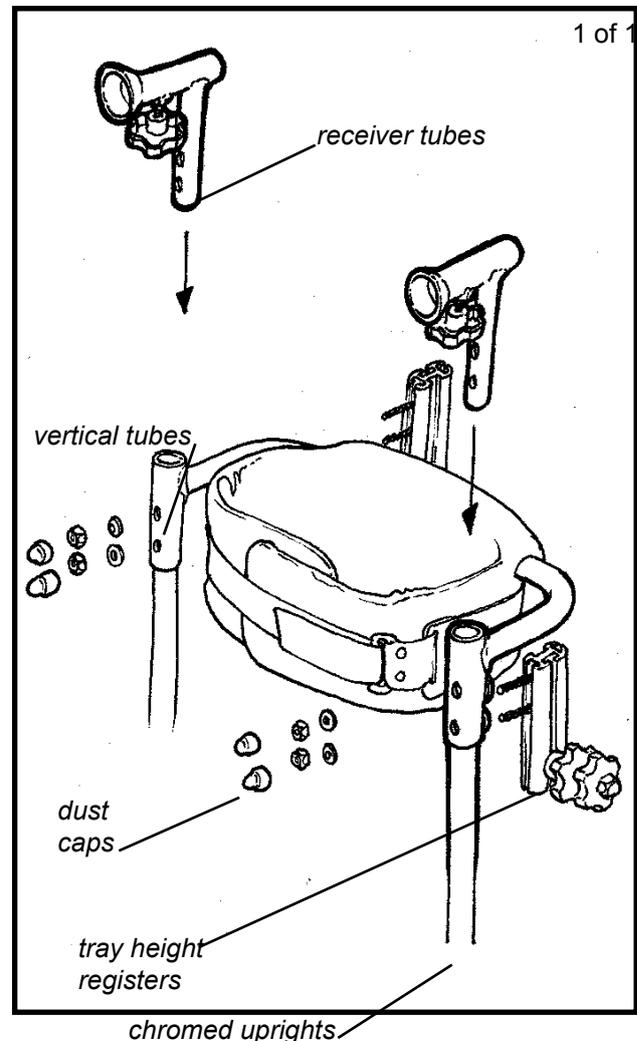
Prize off the black dust caps covering the nuts which hold the tray height registers in place.

Use the 10mm spanner to fully undo the nuts and put the nuts, dust caps and washers in a safe place for re-using later.

With the nuts removed, pull the tray height register away, so that the bolts come free of the thoracic vertical tube.

Gently push the thoracic support down to lift the end cap out of the vertical tube.

Once the end cap is removed, insert the headrest receiver tube with the wide end of the horizontal tube positioned as per the diagram.



fitting Upi headrest receiver tubes

Line up the holes in the vertical section of the receiver with the holes in the vertical tubes of the thoracic support and the holes in the main chromed upright tubes.

Fit the appropriate number of washers onto the bolts fitted into the tray height register, as noted earlier.

Fit the bolts of the tray height register through the aligned holes and fit washers and nuts on the ends as they fit through the tubes.

Tighten the nuts in place using the 10mm spanner and fit the dust caps over the nuts.

Repeat for the other side of the frame.

The headrest should be removed before the user is positioned in the Upi. To remove the headrest, undo the two knobs which control depth adjustment (see diagram) and slide the headrest out of the receiver tubes.

Position the user as per the main user instructions.

Once the user is in place, slide the headrest into the receiver tubes and push it forward until it comes in contact with the user's head.

Tighten the depth adjustment knobs to maintain the position of the headrest.

To adjust the general height of the headrest, undo the height adjustment knob and move the headrest up and down. The headrest should be aligned with the height of the top of the user's ear.

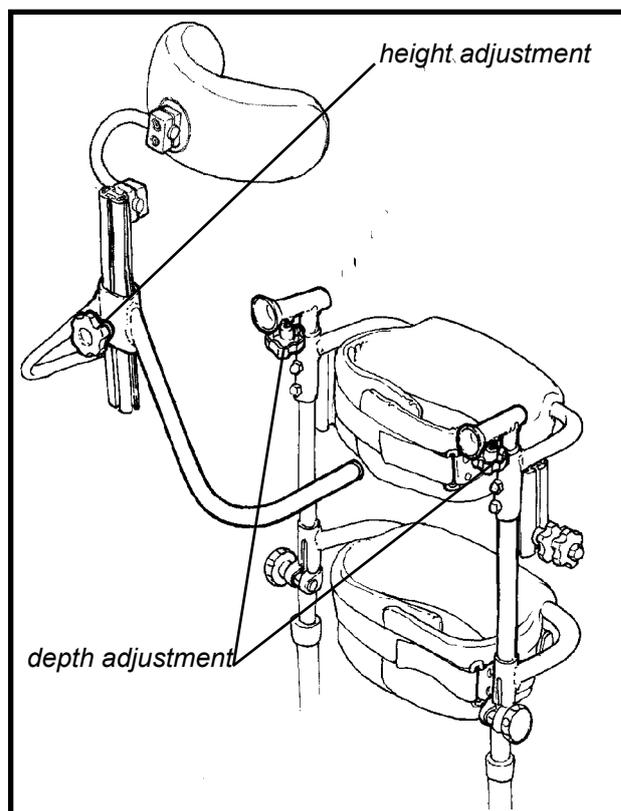
Once at the correct height, tighten the height adjustment knob to maintain the headrest's position.

The headrest position can be further fine tuned to give more accurate positioning.

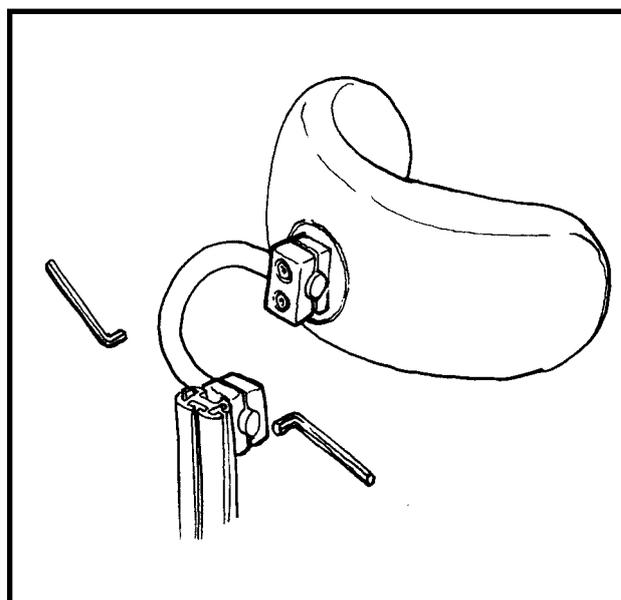
A combination of height, angle and depth adjustment can be achieved by undoing the allen key head bolts in the clamps which fit onto the headrest loop.

Use a 4mm allen key to undo the bolts and manoeuvre the headrest to the correct position for the user. Once the user's head is properly supported by the headrest, tighten the allen key bolts to maintain the position.

A level of supervision appropriate to the user's needs should be applied at all times.



Upi headrest



Headrest height, depth and angle adjustment