

Quest 88 limited

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USER INSTRUCTIONS

Elbow Crutches

These are the User instructions for the Quest 88 limited Elbow Crutches. Please read them carefully before the equipment is used and store them in a safe place. Always refer to these instructions before adjusting the Elbow Crutches, or if you feel they are not performing properly.

These instructions also include a guide to maintenance and general care. If followed the Elbow Crutches will provide trouble free service. However, in the event of any severe deterioration in performance take them out of service immediately and contact Quest 88 limited.

Quest supply a range of lightweight elbow crutches. They are made from high quality anodised aluminium with moulded plastic handles and full cuffs.

The adult size has, as standard, an anatomical (pistol grip) handle. This is often the more comfortable option, providing a larger surface area for the palm of the hand. This could be of benefit to those with arthritis, MS or general poor grip. The grip can be rotated for the optimum position.

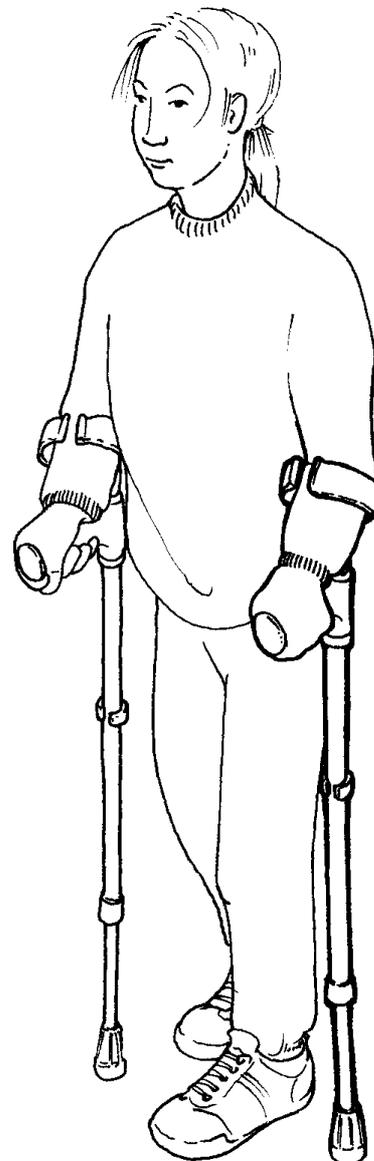
All crutches have two areas of height adjustment; floor to handle and handle to cuff.

All new crutches have a full, pivoting cuff. They are split at the centre so that the arm can pull forwards through the cuff.

	child double adjustable	adult double adjustable	adult anatomical handle
floor to handle	500-750	740-990	740-990
hand to cuff	180-205	210-260	210-260
max user weight	100kg	140kg	140kg

crutch sizes (mm)

Anatomical handgrips are dextrous and have either a right or left hand grip. Using the crutches the wrong way around could lead to discomfort.



A LEVEL OF SUPERVISION APPROPRIATE TO THE USER'S ABILITIES SHOULD BE APPLIED AT ALL TIMES

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Elbow Crutch Adjustment

Floor to Handle Height

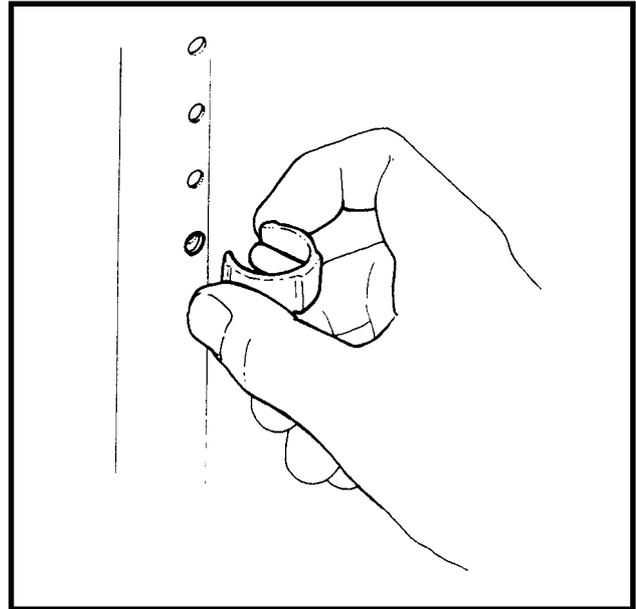
The height of the crutches should be adjusted to suit each individual user. In general, handle height should be set at the height of the user's wrist when their hands are relaxed by their sides.

To set the height, pull out the circle clip pin, adjust the height of the lower section of the crutch and reposition the circle clip pin through the aligned set of holes. Ensure the circle clip pin snaps positively into place.

Handle to cuff height

The cuff is designed to sit below the elbow to allow for maximum range of movement from the elbow joint. The closer to the elbow the cuff is set, the less strain will be experienced in the wrist to control the movement of the crutch.

The height adjustment is controlled as described above.



setting the heights of the Elbow crutches with circle clip pins

NB: The pin which controls floor to handle height is longer than the pin which controls handle to cuff height. Do not mix the pins up and ensure the pin controlling floor to handle height fits all the way through the tubes.

Elbow Crutch Care and Maintenance

- * Do not clean any part of the Elbow Crutch with bleach or solvent cleaners.
- * Clean metal work with a slightly damp cloth.
- * Rubber ferrules (crutch tips) should be replaced immediately if worn through to avoid damage to metalwork.
- * Regularly check for wear the circle clip pins and the holes the pins fit into.
- * Caution must be taken through use, transport and storage not to drop or knock the Elbow Crutches. Do not store other equipment on top of the Elbow Crutches.

Identification and Intended Use

Each Elbow Crutch has a code number located on a label which has the Quest 88 limited logo on it. Elbow Crutches are intended to be used as part of a walking development programme. A level of supervision appropriate to the user's abilities should be applied at all times.

DO NOT EXCEED HEIGHT AND WEIGHT LIMITS SET OUT ON THE FRONT OF THESE INSTRUCTIONS.

Do not use the Elbow Crutches on any slope or uneven surface or steps and stairs.

Each Elbow Crutch has been tested and checked by Quest 88 limited engineers. Any adjustments or alterations which are not listed in these instructions should not be made without the authorisation of a Quest 88 limited representative. Any such adjustments will affect the product's warranty. Quest 88 limited do not take any responsibility for any Elbow Crutch which has been adapted or affected by actions not described in these instructions by any individual not authorised by Quest 88 limited.